

## **Supporting Information**

## **Supplementary material**

This appendix was part of the submitted manuscript and has been peer reviewed. It is posted as supplied by the authors.

Appendix to: Towns C, Rapsey C, Liang R. Cultural safety, the LGBTQI+ community and international medical graduate training. *Med J Aust* 2025; doi: 10.5694/mja2.52617.

## Glossary of queer terms

| Term                                 | Definition  |
|--------------------------------------|---|
| Asexual                              | A spectrum in which someone experiences little to no sexual attraction/desire for others.   |
| Bisexual                             | Commonly refers to attraction to men and women but more inclusively defines someone who is attracted to more than one gender.   |
| Cisgender (cis)                      | A term for people whose gender identity aligns with the sex assigned to them at birth.  |
| Gay                                  | A person who is emotionally, romantically, and/or sexually attracted to people of the same gender.  |
| Gender diverse/diversity             | An umbrella term referring to gender identity or gender expression which does not conform to cisgender norms, (includes trans, non-binary and genders from other cultures).                   |
| Gender dysphoria                     | The incongruence, dissonance, disconnect, or discomfort with one's expressed or experienced gender and the assigned at birth and/or one's body/sex characteristics.                           |
| Gender expression/presentation       | The physical or outward expression of one's gender through clothing, hairstyle, voice, makeup, body shape, mannerisms etc.  |
| Gender/gender identity               | One's sense of self relating to gender, based on our social roles, expectations, and assumptions, such as being male/man, female/woman, neither, or another identity.                         |
| Gender-affirming care                | Healthcare that affirms and validates a person's gender.  May include mental health care, support with social transition, hormonal or surgical treatments.                                    |
| Heterosexual/straight                | A person who exclusively experiences emotional, romantic, and/or sexual attraction to those of the opposite gender.   |
| Homophobia                           | Broad term referring to discrimination, intolerance, discomfort, or stereotyping of non-heterosexual people.  |
| Homosexual                           | A person who experiences emotional, romantic, and/or sexual attraction to those of the same gender.   |
| Intersex                             | A broad umbrella term describing sex characteristic variations such as chromosomes, hormones, genitals, and/or secondary sex characteristics.   |
| Lesbian                              | Women who are emotionally, romantically, and/or sexually attracted to women.  |
| LGBT, LGBTQ, LGBTQIA+ and variations | An acronym referring to lesbian, gay, bisexual, transgender, queer, intersex, asexual/aromantic people. Used as an umbrella term to refer to all people with diverse sexualities and genders. |

| Non-binary                   | A term describing people whose gender falls outside the      |
|------------------------------|--|
|                              | binary categories of male/man/boy and                        |
|                              | female/woman/girl.   |
| Pansexual                    | Attraction to people of any or all genders, regardless of    |
|                              | their gender, gender expression, or sex characteristics.     |
| Pronouns                     | Words used to refer to people in the third person as a       |
|                              | substitute for their name such as she/her, he/him, and       |
|                              | they/them.   |
| Queer                        | A reclaimed umbrella term referring to diverse sexualities   |
|                              | and genders; gender and sexual minorities.                   |
| Questioning                  | Someone who is questioning and/or exploring their gende      |
|                              | identity or sexuality.                                       |
| Rainbow                      | An umbrella term referring to people of diverse sexualitie   |
|                              | genders, and sex characteristics.                            |
| Sexual orientation/sexuality | A person's sexual identity, behaviour, and/or attractions i  |
|                              | relation to the people they are attracted to.                |
| Sex characteristics          | Primary sex characteristics include chromosomes, sex         |
|                              | hormones, and reproductive organs. Secondary sex             |
|                              | characteristics include breast hair and voice changes.       |
| Sex                          | The biological and physiological characteristics that define |
|                              | humans as female or male. Usually assigned at birth. Not     |
|                              | mutually exclusive – characteristics can coexist (see        |
|                              | intersex).   |
| The gender binary            | The perception that gender consists of two categories,       |
|                              | male/man and female/woman, in which no other                 |
|                              | possibilities for gender exist.                              |
| Transgender (trans)          | A term describing a person whose gender differs from the     |
|                              | sex or gender that was assigned to them at birth.            |