

## **Supporting Information**

### **Supplementary material**

This appendix was part of the submitted manuscript and has been peer reviewed. It is posted as supplied by the authors.

Appendix to: Luscombe GM, Wilson A, Ampt AJ, et al. Health service access and quality of care of the Western NSW Local Health District Virtual Rural Generalist Service: an analysis of linked administrative data. *Med J Aust* 2024; doi: 10.5694/mja2.52528.

## Supplementary methods and results

arrival

Data Field	Purpose	Definition and codes
Socio-demogr	raphic data	
Age (years)	Descriptive	From 'age recode' (age difference in years between birth date and arrival date). Categorised as: 0-17, 18-49, 50-64, 65 or more
	Model confounder	Older people were defined as being 65 years or older if they were non-Aboriginal, or as being 50 years or older if they were Aboriginal.
Sex	Model confounder	Binary categorisation: younger v older. Derived from 'sex'. Note, fewer than n=5 presentations were coded other than male or female, i.e. indeterminate / intersex / not stated / unknown, therefore excluded from analysis.
Postcode of residence	Model confounder	Binary categorisation: male v female. Socioeconomic status: The patient's index of social disadvantage was assigned by linking their residential postcode with the corresponding Index of Relative Socio-Economic Disadvantage (IRSD; 1 [Most disadvantaged] to 5 [Least disadvantaged]) from Australian Bureau of Statistics (2016) Socio- Economic Indexes for Areas (SEIFA) www.abs.gov.au/websitedbs/censushome.nsf/hom e/seifa].
	Model confounder	<u>Binary categorisation</u> : Most disadvantaged v else <i>Rurality</i> : assigned using the Modified Monash Model (MMM) scoring. The MMM reference data contains some individual postcodes with multiple suburb names and multiple MMM ratings, as well a some individual suburbs with multiple postcodes and multiple MMM ratings. To ensure accuracy, the postcode was concatenated with the suburb in both the EDDC and the MMM. Exact matches between these two datasets by the concatenated variable resulted in a matching rurality score. <u>Binary categorisation</u> : MM1-5 (metropolitan to small rural towns) v MM6-7 (remote, very remote communities).
Presentation	clinical data	
Triage category	Model confounder	Binary categorisation: Resuscitation/emergency velse
ED referral source	Model confounder	Binary categorisation: Self/family/friends v else
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Table 1: New South Wales Emergency Department Data Collection (EDDC) data list	

#### Binary categorisation: Government transport (State Mode of Model confounder Ambulance vehicle; Police/Correctional Services

Data Field	Purpose	Definition and codes
		vehicle; Air Ambulance Service; Internal
		ambulance/transport) v else
ED visit type	Model confounder	<u>Binary categorisation</u> : Emergency presentation/ disaster <i>v</i> else
Urgency	Descriptive	Major diagnostic block categories, derived from
related group	Descriptive	SNOMED CT codes for ED presentation, based on
major		the Independent Hospital Pricing Authority Urgency
diagnostic		Related Group definitions
block		(https://meteor.aihw.gov.au/content/684509).
Visit COVID-	Model confounder	Derived from SNOMED CT codes for ED
19 related	wodercomounder	presentation:
15 Telated		- 840544004 - Suspected disease caused by 2019
		novel coronavirus (situation)
		<ul> <li>1454671000168104 - History of recent travel to</li> </ul>
		high risk COVID-19 region (finding)
		<ul> <li>840539006 - Disease caused by 2019 novel coronavirus (disorder)</li> </ul>
		. ,
		<ul> <li>840546002 - Exposure to 2019 novel coronavirus (event).</li> </ul>
		Binary categorisation: ED visit COVID-19 related yes
		v no
Quality of Care	Indicators	110
Quality of Care	malcators	
Did not wait	Outcome	Derived from 'mode of separation'.
		Binary categorisation: Did not wait v else
Left own risk	Outcome	Derived from 'mode of separation'.
		Binary categorisation: Left at own risk v else
Transfer to	Outcome	Derived from 'mode of separation'.
another		Binary categorisation: Transferred to another
hospital		hospital without first being admitted to the hospital
·		transferred from v else
Admitted	Outcome	Derived from 'mode of separation'.
		Binary categorisation: To ward/inpatient unit, not a
		critical care ward; Admitted: To critical care ward
		(including HDU/CCU/NICU) v else
Departed	Outcome	Derived from 'mode of separation'.
treatment		Binary categorisation: Treatment completed v else
completed		<u> </u>
Died in ED	Outcome	Derived from 'mode of separation'.
		Binary categorisation: Died in ED v else
Representati	Outcome	Defined as presentation from a VRGS ED to any ED
on within 48		within the WNSWLHD where:
hours		<ul> <li>index presentation was coded as treatment</li> </ul>
		completed, did not wait, or left at own risk
		(from 'mode of separation')
		<ul> <li>representation was not pre-arranged nor a</li> </ul>
		planned return visit (from 'ED visit type')
		<ul> <li>representation arrival date time was within</li> </ul>
		•
		48 hrs of previous departure ready date time

Data Field	Purpose	Definition and codes
		Defined as the subset of representation within 48
		hours within WNSWLHD where the representation
		was to the same VRGS facility.
		Binary categorisation: Representation within 48
		hours yes v no
Time to	Outcome	Time from arrival to departure was calculated using
departure		time stamps. In some instances, the time stamps
less than 4		reflected illogical values, e.g., departure time
hours		occurring before arrival time. Where this occurred,
		the data were excluded from analysis.
		Binary categorisation: time from arrival to
		departure within 4 hours v 4 hours or more.

Data Field	Purpose	Definition and codes
Socio-demog	raphic data	
Age (years)	Descriptive	From 'age recode' (age difference in years between birth date and arrival date). Categorised as: 0-17, 18-49, 50-64, 65 or more
	Model confounder	Older people were defined as being 65 years or older if they were non-Aboriginal, or as being 50 years or older if they were Aboriginal.
Sex	Model confounder	<u>Binary categorisation</u> : younger v older. Derived from 'sex'. Note, fewer than n=5 presentations were coded other than male or female, i.e. indeterminate / intersex / not stated / unknown, therefore excluded from analysis.
Residential postcode	Model confounder	<u>Binary categorisation</u> : male <i>v</i> female. <i>Socioeconomic status</i> : The patient's index of social disadvantage was assigned by linking their residential postcode with the corresponding Index of Relative Socio-Economic Disadvantage (IRSD; 1 [Most disadvantaged] to 5 [Least disadvantaged]) from Australian Bureau of Statistics (2016) <i>Socio- Economic Indexes for Areas (SEIFA)</i> www.abs.gov.au/websitedbs/censushome.nsf/hom <u>e/seifa</u> ].
	Model confounder	<u>Binary categorisation</u> : Most disadvantaged v else <i>Rurality</i> : assigned using the Modified Monash Model (MMM) scoring. The MMM reference data contains some individual postcodes with multiple suburb names and multiple MMM ratings, as well as some individual suburbs with multiple postcodes and multiple MMM ratings. To ensure accuracy, the postcode was concatenated with the suburb in both the EDDC and the MMM. Exact matches between these two datasets by the concatenated variable resulted in a matching rurality score. <u>Binary categorisation</u> : MM1-5 (metropolitan to small rural towns) v MM6-7 (remote, very remote communities).

# Table 2: New South Wales Admitted Patient Data Collection (APDC) data list

# Admission clinical data

Source of referral	Model confounder	Binary categorisation: Emergency Department v else
Admission	Model confounder	Derived from 'emergency status'.
status		Binary categorisation: Unplanned admissions v else
Day-only stay	Descriptive	Derived from same day separation flag and episode
- / - / /		length of stay.
Potentially	Model confounder	Potentially preventable hospitalisations (PPH)
Preventable		defined per the National Healthcare Agreement: Pl
Hospitalisatio		18-Selected potentially preventable hospitalisations,
n		2021
		(https://meteor.aihw.gov.au/content/740851).
		Binary categorisation: PPH yes v no
Care type	Model confounder	Derived from 'Episode of care type'.
/		Binary categorisation: Acute care v else
Episode	Model confounder	Derived from the Australian Refined Diagnosis
clinical		Related Groups Episode Clinical Complexity Model
complexity		(www.ihacpa.gov.au/sites/default/files/2022-
. ,		08/AR-
		DRG%20Version%2010.0%20Technical%20Specificat
		ions_0.pdf). An Episode Clinical Complexity Score
		(ECCS) for patient episodes is derived from the
		cumulative effect of assigning a diagnosis
		complexity level value for each diagnosis within the
		episode.
		Binary categorisation: least complex (ECCS 0 to 2) v
		most complex (ECCS >2 to 12.5)
Major	Descriptive	Major diagnosis category (MDC) for the Australian
diagnostic		Refined Diagnosis Related Group (ARDRG) and the
category		International statistical classification of diseases and
		related health problems, 10th revision, Australian
		modification (ICD 10) codeset.
Quality of Care	e Indicators	
Hospital	Outcome	Hospital acquired complications (HAC) defined as
Acquired		per the Australian Commission on Safety and
Complication		Quality in Healthcare (ACSQHC), Hospital Acquired
		Complications specification (Australian Commission
		on Safety and Quality in Health Care – ACSQHC's
		Hospital Acquired Complication (HAC 1) in release V
		3.1: https://www.safetyandquality.gov.au/our-
		work/indicators/hospitalacquired-
		complications#hospital-acquired-complications -
		list).
		Binary classification: HAC present v absent
Transfer to	Outcome	Derived from 'mode of separation'.
another		Binary classification: Transferred to other hospital v
hospital		else
Discharged at	Outcome	Derived from 'mode of separation'.
own risk		Binary classification: Discharged at own risk v else

In hospital death	Outcome	Derived from 'mode of separation'. Differentiation between palliative care and non-palliative care death based on 'care type'. <u>Binary classification</u> : Died (autopsy)/died (no autopsy) v else
Unplanned readmission	Outcome	Unplanned readmission within 28 days was determined by longitudinal linkage to the full WNSWLHD APDC records using the unique patient identifier, arrival and departure dates and times, and facility names. The readmission was defined as being unplanned or not pre-arranged and occurring within 28 days after a previous hospital discharge or discharge at own risk, from a hospital with VRGS services available. Readmission to the same facility using these descriptors was also able to be captured. <u>Binary classification</u> : Unplanned readmission yes v
		no
Length of Stay outlier	Outcome	Length of stay (LOS) was defined as the duration (in days) between the start and end date of an admitted phase/episode, excluding leave days, where the episode of care includes the provision of accommodation and/or residential care as per NSW Health. <i>NSW Activity Based Funding and Activity Based Management Compendium 2021-22.</i> (2021). Episode LOS bounds were used to determine whether a patient's hospital stay was longer or shorter than the average LOS for a given Australian Refined Diagnosis Related Group (AR-DRG) class. Episodes were classified into inlier, same day, short or long stay outlier using the upper and lower bounds provided in the IHACPA National Pricing <i>Model Technical Specifications 2021-22</i> (https://www.ihacpa.gov.au/health- care/pricing/national-pricing-model-technical- specifications). <u>Binary classification</u> : Length of stay outlier yes <i>v no</i>

Facility	Total number of Emergency Department	Only non-VRGS doctor(s)	VRGS doctor(s) involved	
	presentations July 2021 – June 2022	(row %)	(row %)	
	N=39 701	n=26 041	n=13 660	
ED 1	151	18 (11.9%)	133 (88.1%)	
ED 2	204	52 (25.5%)	152 (74.5%)	
ED 3	261	123 (47.1%)	138 (52.9%)	
ED 4	356	116 (32.6%)	240 (67.4%)	
ED 5	445	177 (39.8%)	268 (60.2%)	
ED 6	470	215 (45.7%)	255 (54.3%)	
ED 7	642	330 (51.4%)	312 (48.6%)	
ED 8	662	197 (29.8%)	465 (70.2%)	
ED 9	745	258 (34.6%)	487 (65.4%)	
ED 10	751	209 (27.8%)	542 (72.2%)	
ED 11	812	83 (10.2%)	729 (89.8%)	
ED 12	903	697 (77.2%)	206 (22.8%)	
ED 13	906	133 (14.7%)	773 (85.3%)	
ED 14	913	429 (47.0%)	484 (53.0%)	
ED 15	1428	701 (49.1%)	727 (50.9%)	
ED 16	1446	260 (18.0%)	1186 (82.0%)	
ED 17	1482	904 (61.0%)	578 (39.0%)	
ED 18	1513	917 (60.6%)	596 (39.4%)	
ED 19	1517	1495 (98.6%)	22 (1.5%)	
ED 20	1535	1338 (87.2%)	197 (12.8%)	
ED 21	1733	1420 (81.9%)	313 (18.1%)	
ED 22	1796	1348 (75.1%)	448 (24.9%)	
ED 23	1878	752 (40.0%)	1126 (60.0%)	
ED 24	1952	1260 (64.6%)	692 (35.5%)	
ED 25	2033	926 (45.6%)	1107 (54.5%)	
ED 26	2295	1685 (73.4%)	610 (26.6%)	
ED 27	2404	1913 (79.6%)	491 (20.4%)	
ED 28	3943	3896 (98.8%)	47 (1.2%)	
ED 29	4525	4189 (92.6%)	336 (7.4%)	

Table 3: Emergency Department presentations by doctor cohort, presented by facility(2021-2022)

Table 4: Emergency Department presentations by remoteness of Western New SouthWales Local Health District facility (2021-2022)

Remoteness of facility	All presentations	Only non-VRGS doctor(s)	VRGS doctor(s)
	n (column %)	n (row %)	n (row %)
Number of	56 164	26 041	13 660
presentations			
Inner regional	6081 (10.8%)	3345 (70.0%)	1432 (30.0%)
Outer regional	31 262 (55.7%)	15 476 (68.1%)	7266 (31.9%)
Remote	16 003 (28.5%)	6303 (59.1%)	4366 (40.9%)
Very remote	2818 (5.0%)	917 (60.6%)	596 (39.4%)

Table 5: Associations between quality of care measures for Emergency Department presentations and receiving care from the Virtual Rural Generalist Service, New South Wales, 2021-2022: adjusted multivariable analyses

	Treating doctor cohort		Adjusted	Variables adjusted for in the modelling*
	VRGS	Non-VRGS	odds ratio (95% confidence interval)	
All presentations	13 660	26 041		
Did not wait	190 (1.4%)	104 (0.4%)	3.69 (2.79-4.89)	facility, older, mode of arrival, ED visit type, triage category
Left at own risk	417 (3.1%)	434 (1.7%)	1.90 (1.62-2.22)	facility, sex, older, mode of arrival, triage category
Transferred to another hospital	1023 (7.5%)	2689 (10.3%)	0.66 (0.60-0.72)	facility, sex, older, mode of arrival, triage category
Admitted	1273 (9.3%)	2076 (8.0%)	1.30 (1.19-1.43)	facility, sex, older, level of disadvantage, mode of arrival, triage category
Departed treatment completed	10 690 (78.3%)	20 588 (79.1%)	0.93 (0.87-1.00)	facility, sex, older, mode of arrival, triage category, ED visit type
Died in Emergency Department	6 (<0.1%)	24 (<0.1%)	1.17 (0.46-2.98)	facility, older, level of disadvantage, mode of arrival, triage category
Representation within 48 hours <sup>+</sup>				
to any WNSWLHD ED	1460 (10.7%)	2358 (9.1%)	1.25 (1.15-1.36)	facility, older, sex, mode of arrival, triage category, ED visit type, COVID-related
to the same ED	946 (6.9%)	1540 (5.9%)	1.42 (1.29-1.57)	
Departed in less than 4 hours	11 247 (82.3%)	21 341 (82.0%)	0.92 (0.86-0.98)	facility, sex, older, source of referral, mode of arrival, ED visit type, triage category

COVID = coronavirus; ED = emergency department; VRGS = Virtual Rural Generalist Service; WNSWLHD = Western New South Wales Local Health District + representation within 48 hours to any Emergency Department within Western New South Wales Local Health District includes to the same Emergency Department.

\* Adjusted odds ratio adjusted for patient characteristics (socio-demographic and clinical) and for facility

Facility	Total number of inpatient episodes July 2021 – June 2022	Only non-VRGS	Combined group	Only VRGS
		(row %)	(row %)	(row %)
	N=6328	n=3794	n=1853	n=681
IP 1	22	1 (4.5%)	11 (50.0%)	10 (45.5%)
IP 2	32	9 (28.1%)	20 (62.5%)	3 (9.4%)
IP 3	47	2 (4.3%)	22 (46.8%)	23 (48.9%)
IP 4	53	8 (15.1%)	35 (66.0%)	10 (18.9%)
IP 5	64	19 (29.7%)	36 (56.3%)	9 (14.1%)
IP 6	84	12 (14.3%)	28 (33.3%)	44 (52.4%)
IP 7	116	3 (2.6%)	54 (46.6%)	59 (50.9%)
IP 8	124	46 (37.1%)	61 (49.2%)	17 (13.7%)
IP 9	138	102 (73.9%)	36 (26.1%)	0 (0%)
IP 10	141	4 (2.8%)	42 (29.8%)	95 (67.4%)
IP 11	163	34 (20.9%)	61 (37.4%)	68 (41.7%)
IP 12	165	64 (38.8%)	87 (52.7%)	14 (8.5%)
IP 13	165	104 (63.0%)	54 (32.7%)	7 (4.2%)
IP 14	166	95 (57.2%)	56 (33.7%)	15 (9.0%)
IP 15	192	111 (57.8%)	79 (41.1%)	2 (1.0%)
IP 16	221	44 (19.9%)	134 (60.6%)	43 (19.5%)
IP 17	225	164 (72.9%)	61 (27.1%)	0 (0%)
IP 18	228	162 (71.1%)	57 (25.0%)	9 (3.9%)
IP 19	255	190 (74.5%)	60 (23.5%)	5 (2.0%)
IP 20	300	213 (71.0%)	83 (27.7%)	4 (1.3%)
IP 21	302	193 (63.9%)	84 (27.8%)	25 (8.3%)
IP 22	326	241 (73.9%)	70 (21.5%)	15 (4.6%)
IP 23	326	96 (29.4%)	149 (45.7%)	81 (24.8%)
IP 24	350	344 (98.3%)	6 (1.7%)	0 (0%)
IP 25	354	56 (15.8%)	219 (61.9%)	79 (22.3%)
IP 26	385	294 (76.4%)	79 (20.5%)	12 (3.1%)
IP 27	420	361 (86.0%)	58 (13.8%)	1 (0.2%)
IP 28	427	299 (70.0%)	98 (23.0%)	30 (7.0%)
IP 29	537	523 (97.4%)	13 (2.4%)	1 (0.2%)

Table 6: Episodes by doctor cohort, presented by facility (2021-2022)

 Table 7: Inpatient episodes of care by remoteness of Western New South Wales Local Health District facility (2021-2022)

Remoteness of facility	All episodes	Only non-VRGS	Combined group	Only VRGS doctor(s)
	n (column %)	doctor(s) n (row %)	n (row %)	n (row %)
Number of episodes	6732	3794	1853	681
Inner regional	972 (14.4%)	740 (76.8%)	201 (20.9%)	22 (2.3%)
Outer regional	3403 (50.5%)	1670 (52.4%)	1064 (33.4%)	454 (14.2%)
Remote	1883 (28.0%)	1090 (60.8%)	509 (28.4%)	193 (10.8%)
Very remote	474 (7.0%)	294 (76.4%)	79 (20.5%)	12 (3.1%)

	Treating doctor cohort		VRGS only <i>v</i> non-VRGS	
	VRGS only	Non-VRGS only	Adjusted odds ratio (95% confidence interval)	Variables adjusted for in the modelling
Number of patients	681	3794		
Hospital acquired complication <sup>+</sup>	0	29 (0.8%)	-	facility, rurality, source of referral, complexity
Transferred to another hospital	90 (13.2%)	600 (15.8%)	0.80 (0.60-1.01)	facility, sex, rurality, source of referral, admission status, PPH, care type, complexity
Discharged at own risk	29 (4.3%)	62 (1.6%)	3.33 (1.98-5.61)	facility, older age, sex, complexity
In hospital death	23 (3.4%)	157 (4.1%)	0.78 (0.48-1.28)	facility, older age, sex, source of referral, admission status, PPH, care type, complexity
Palliative care	10 (1.5%)	54 (1.4%)	1.10 (0.50-2.43)	facility, sex, rurality, source of referral, admission status, PPH, complexity
Non-palliative care	13 (1.9%)	103 (2.7%)	0.78 (0.42-1.44)	facility, older age, sex, PPH, complexity
Unplanned readmission w				
to any WNSWLHD facility	96 (14.1%)	489 (12.9%)	1.15 (0.88-1.49)	facility, source of referral
to same facility	72 (10.6%)	312 (8.2%)	1.60 (1.17-2.19)	facility, older age, level of disadvantage, source of referral
DRG-based long stay outlier*	41 (6.0%)	421 (11.1%)	0.51 (0.35-0.74)	facility, older age, sex, rurality, source of referral, PPH, care type, complexity

Table 8: Associations between quality of care measures for Admitted Patient episodes of care and receiving care from the Virtual Rural Generalist Service *v* non-Virtual Rural Generalist doctor, New South Wales, 2021-2022: adjusted multivariable analyses

+ Frequency of hospital acquired complication too small for modelling

‡ unplanned readmission within 28 days to any facility within Western New South Wales

\* DRG-based LOS outlier: if the total length of stay was greater than the upper bound of stay for the Australian Refined Diagnosis Related Group version 10 (AR-DRGv10) assigned to the hospital admission

PPH, potentially preventable hospitalisations.

Table 9: Associations between quality of care measures for Admitted Patient episodes of care and receivingcombined care (Virtual Rural Generalist Service & non-Virtual Rural Generalist Service doctor) v non-Virtual RuralGeneralist doctor only, New South Wales, 2021-2022: adjusted multivariable analyses

	Treating doctor cohort		Combined <i>v</i> non-VRGS	
	Combined VRGS & non-VRGS	Non-VRGS	Adjusted odds ratio (95% confidence interval)	Variables adjusted for in the modelling
Number of patients	1853	3794		
Hospital acquired complication	21 (1.1%)	29 (0.8%)	1.34 (0.80-2.24)	facility, rurality, source of referral, complexity
Transferred to another hospital	414 (22.3%)	600 (15.8%)	1.41 (1.21-1.65)	facility, sex, rurality, source of referral, admission status, PPH, care type, complexity
Discharged at own risk	41 (2.2%)	62 (1.6%)	1.53 (0.99-2.35)	facility, older age, sex, complexity
In hospital death	95 (5.1%)	157 (4.1%)	1.21 (0.91-1.61)	facility, older age, sex, source of referral, admission status, PPH, care type, complexity
Palliative care	34 (1.8%)	54 (1.4%)	1.34 (0.80-2.24)	facility, sex, rurality, source of referral, admission status, PPH, complexity
Non-palliative care	61 (3.3%)	103 (2.7%)	1.15 (0.81-1.63)	facility, older age, sex, PPH complexity
Unplanned readmission v	within 28 days‡			
to any WNSWLHD facility	206 (11.1%)	489 (12.9%)	0.86 (0.72-1.04)	facility, source of referral
to same facility	123 (6.6%)	312 (8.2%)	0.88 (0.69-1.12)	facility, older age, level of disadvantage, source of referral
DRG-based LOS outlier*	375 (20.2%)	421 (11.1%)	2.10 (1.74-2.53)	facility, older age, sex, rurality, source of referral, PPH, care type, complexity

‡ unplanned readmission within 28 days to any facility within Western New South Wales

\* Diagnosis Related Group-based LOS outlier: if the total length of stay was greater than the upper bound of stay for the Australian Refined Diagnosis Related Group version 10 (AR-DRGv10) assigned to the hospital admission

PPH, potentially preventable hospitalisations.