

Supporting Information

Supplementary methods and results

This appendix was part of the submitted manuscript and has been peer reviewed. It is posted as supplied by the authors.

Appendix to: Pearson O, Air T, Humphrey G, et al. Aged care service use by Aboriginal and Torres Strait Islander people after aged care eligibility assessments, 2017–2019: a population-based retrospective cohort study. *Med J Aust* 2024; doi: 10.5694/mja2.52353.

Table 1. CONSolIDated critERtia for strengthening the reporting of health research involving Indigenous Peoples (CONSIDER) statement guidelines

Guest Editors of the 2024 Indigenous Health Special Issue acknowledge the Indigenous expertise that informed the establishment of the CONSOIDated critERtia for strengthening the reporting of health research involving Indigenous Peoples (CONSIDER) statement.

Authors should indicate how they have supported ethical publishing and reporting practices by providing the details of the research practices aligned with this publication in accordance with the CONSIDER statement. The reporting should not exceed two pages. This reporting will be published as online supplementary information. Detailed items can be accessed in the publication: https://bmcmedresmethodol.biomedcentral.com/articles/10.1186/s12874-019-0815-8

| C | |
|------------------|---|
| Gover | |
| • | The ROSA Aboriginal and Torres Strait Islander Advisory Committee was established in 2020 to govern research using the Aboriginal and Torres Strait Islander data in ROSA. It comprises Aboriginal and/or Torres Strait Islander leaders in aged care policy, practice and research with representation from each jurisdiction, is chaired by the first author (OP) and conducts governance according to a terms-of-reference which prescribes processes that embed the principles of Indigenous Data Sovereignty and meets three times a year. All required ethical approvals have been obtained, including from the Aboriginal Health Research Ethics |
| D | Committee (Ref:04-20-895). |
| | tisation |
| • | ROSA's national Aboriginal and Torres Strait Islander Advisory Committee prioritises and develops the research questions, based on our Aboriginal and Torres Strait Islander Aged Care Research Framework that incorporates a collaborative process of prioritisation of research questions and feasibility within the ROSA data platform. |
| Relati | onships (Indigenous stakeholders/participants and Research Team) |
| • • | All required ethical approvals have been obtained, including from the Aboriginal Health Research Ethics Committee (Ref:04-20-895). The ROSA Aboriginal and Torres Strait Islander Advisory Committee is involved in all stages of the research |
| | from informing and developing research questions, informing analysis plans, interpreting results, providing input into papers, informing and monitoring community engagement strategies and knowledge translation initiatives. |
| • | The Committee informed the questions, of a NHMRC Ideas Grant (GNT2004089) that funds this program of research being undertaken, "Leaving No-one Behind" led by OP (first author) with the other authors either chief or associate investigators on this grant. OP is an Eastern Yalanji and Torres Strait Islander women and co-leads the Wardliparingga Aboriginal |
| | Health Equity Theme. AB is from the Yuin Nation, the inaugural theme leader of Wardliparingga, an established researcher, trained medical doctor, OP's postdoctoral supervisor and mentor over the last decade. Partnering with the Registry of Senior Australians (GC, MI, SW) has ensured that our data is being used to improve the aged care system so that Aboriginal and Torres Strait Islander people receive quality and safe aged care. Our non-Indigenous colleagues and authors on the paper are experts in establishing and maintaining this unique national registry, epidemiology, pharmacoepidemiology and statistics and have embedded the values of consumer engagement into their core business. |
| Metho | odologies |
| • • Partic | The study was led and co-designed by Aboriginal researchers (OP and AB) and ROSA's Aboriginal and Torres Strait Islander Advisory Committee, based on priorities established by the Committee. The study cohort focused on Aboriginal and Torres Strait Islander people aged >=50 years old (in recognition of early-age onset of health conditions in Aboriginal and Torres Strait Islander people due to continued health and social inequities across the lifespan) at their first aged care eligibility assessment, with Aboriginal and Torres Strait Islander status determined from aged care assessment or service data. ipation |
| • | All data used in this study includes de-identified linked aged care and health care data from existing nationally available datasets, from the Australian Institute of Health and Welfare (AIHW) approved by the University of South Australia (Ref: 200489) and AIHW (Ref: EO2018/1/418) Human Research Ethics Committees, in addition to the Aboriginal Health Research Ethics Committee (Ref:04-20-895). |
| Capac | ity |
| • | This research is the first study from the ROSA data platform that specifically focuses on the Aboriginal and Torres Strait Islander population accessing aged care services in Australia, that was led by Aboriginal researchers (OP and AB) and ROSA's Aboriginal and Torres Strait Islander Advisory Committee. OP is the co-lead of the Wardliparingga Aboriginal Health Equity Theme at SAHMRI, and through this work supports research being undertaken by Aboriginal and Torres Strait Islander researchers. As part of this work a national symposium was held with key policy, practice and community leaders (both Aboriginal and non- Aboriginal) to share the findings and seek direction on next steps for translation. |

| Analys | is and interpretation |
|--------|---|
| • | All results were informed and interpreted within the context of Aboriginal and Torres Strait Islander perspectives that includes equity, social, cultural and spiritual considerations, led by OP and ROSA's Aboriginal and Torres Strait Islander Advisory Committee. |
| Dissem | ination |
| • | In addition to academic journal publication (and associated media releases and public forums (e.g., Australian Ageing Agenda)), the findings will be presented via our key stakeholder groups to facilitate dissemination to Aboriginal and Torres Strait Islander research leaders, community groups and policy advocates. This will be facilitated through ROSA's Aboriginal and Torres Strait Islander Advisory Committee, Wardliparingga Aboriginal Health Equity Theme at SAHMRI. Our research team has presented findings to the National Aboriginal and Torres Strait Islander Ageing and Aged Care Council (NATSIAACC). These findings will help to facilitate evidence-based recommendations for policy changes to improve access to community informed culturally appropriate aged and health care services for our older Aboriginal and Torres Strait Islander population, that includes consideration of social, cultural and spiritual wellbeing. |

| Health Condition | Rx-Risk-V Category | Aged Care Eligibility Assessment Health Condition Codes | | |
|---|--|--|--|--|
| Alcohol dependency | Alcohol dependency (Rx-Risk_1) | n/a | | |
| Allergies | Allergies (Rx-Risk_2) | n/a | | |
| Anxiety | Anxiety (Rx-Risk_5) | 0560-0564,0586 | | |
| Arthritis/Pain | Gout (Rx-Risk_17), Inflammation/pain (Rx- Risk_30), Pain (Rx-Risk_36) | 1301, 1302, 1304, 1307, 1308, 1704 | | |
| Benign prostatic hyperplasia | Benign prostatic hyperplasia (Rx-Risk_7) | n/a | | |
| Cardiovascular disease | Anticoagulants (Rx-Risk_3), Antiplatelets (Rx- Risk_4), Arrhythmia (Rx-Risk_6), Congestive heart failure (Rx-Risk_10), Hypertension (Rx- Risk_23), Ischaemic heart disease: angina (Rx-Risk_27), Ischaemic heart disease: hypertension (Rx-Risk_28) | 0900 to 0907, 0920, 0921, 0925,0926 | | |
| Cerebrovascular | n/a | 0910-0916, 0605 | | |
| Chronic respiratory disease | Chronic airways disease (Rx-Risk_9) | 1004, 1005 | | |
| Depression / mood affective disorders | Depression (Rx-Risk_12), Bipolar disorder (Rx- Risk_8) | 0552 | | |
| Dementia | Dementia (Rx-Risk_11) | 0500-0504, 0510-0516,0520- 0526, 0530-0532,0584 | | |
| Diabetes | Diabetes (Rx-Risk_13) | 0402,0403,0404 | | |
| Epilepsy | Epilepsy (Rx-Risk_14) | 0604 | | |
| Eye disorders | Glaucoma (Rx-Risk_15) | 0701-0705,0799 | | |
| Gastrointestinal disorders | Gastro-oesophageal reflux disease (Rx- Risk_16), Irritable bowel syndrome (Rx- Risk_26) | 1101, 1102,1199 | | |
| Hearing disorders | n/a | 0801, 0802, 0899 | | |
| Hepatitis B, Hepatitis C | Hepatitis B (Rx-Risk_18), Hepatitis C (Rx- Risk 19) | 0105 | | |
| HIV | HIV (Rx-Risk_20) | 0103 | | |
| Hyperkalemia | Hyperkalemia (Rx-Risk_21) | n/a | | |
| Hyperlipidemia | Hyperlipidemia (Rx-Risk_22) | 0408 | | |
| Incontinence | Incontinence (Rx-Risk_29) | 1403, 1707, 1708 | | |
| Kidney disease | Renal disease (Rx-Risk_42) | 1401 | | |
| Liver disorders | Liver failure (Rx-Risk_31) | 1103 | | |
| Malignancies | Malignancies (Rx-Risk_32) | 0201-0217, 0299 | | |
| Malnutrition | Malnutrition (Rx-Risk_33) | 0405, 0406 | | |
| Migraine | Migraine (Rx-Risk_34) | n/a | | |
| Osteoporosis | Osteoporosis (Rx-Risk_35) | 1306 | | |
| Pancreatic insufficiency | Pancreatic insufficiency (Rx-Risk_37) | n/a | | |
| Parkinson's disease | Parkinson's disease (Rx-Risk_38) | 0604 | | |
| Psoriasis | Psoriasis (Rx-Risk_39) | n/a | | |
| Psychosis | Psychotic illness (Rx-Risk_40) | 0550, 0551, 0553 | | |
| Pressure injuries | n/a | 1201, 1299 | | |
| Pulmonary hypertension | Pulmonary hypertension (Rx-Risk_41) | n/a | | |
| | Steroid-responsive disease (Rx-Risk 44) | n/a | | |
| Steroid-responsive disease | | | | |
| Steroid-responsive disease Thyroid disorders | Hyperthyroidism (Rx-Risk_24), Hypothyroidism (Rx-Risk_25) | 0401 | | |
| | Hyperthyroidism (Rx-Risk_24), | 0401 n/a | | |

| Table 2 Identification of he | aalth conditions using Px Pick a | nd aged care assessment data. ^a |
|-------------------------------|----------------------------------|--|
| Table 2. Identification of ne | earth conditions using hx-hisk a | nu ageu care assessment uata." |

^an/a: not available as a health condition within the data.

Rx-Risk pharmaceutical based comorbidity index (Pratt N, Kerr M, Barratt J, et al. The validity of the Rx-Risk Comorbidity Index using medicines mapped to the Anatomical Therapeutic Chemical (ATC) Classification System. BMJ Open 2018;8: e021122.

Figure 1. Aboriginal and Torres Strait Islander people assessed for aged care service 1 Jan 2017 - 31 Dec 2019

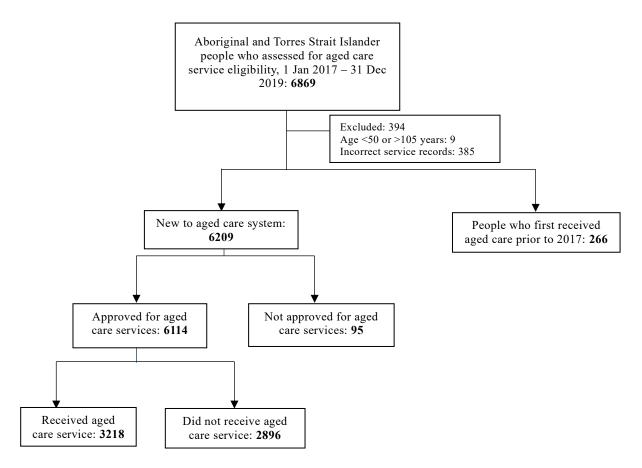


Table 3. Aged care services approved at aged care eligibility assessment for individuals who did not access services during the study period (N=2991)*

| Approval | N (%) |
|------------------------------------|--------------|
| Permanent residential aged care | 1195 (40.0%) |
| Home care package | 2486 (83.1%) |
| Level 1/2 | 1315 (44.0%) |
| Level 3/4 | 1171 (39.2%) |
| Respite | 1851 (61.9%) |
| Transition | 59 (2.0%) |
| CHSP recommended | 2282 (76.3%) |
| NATSIFAC Program | 102 (3.4%) |
| Multi-purpose service ^a | 11 (0.4%) |
| No approval | 95 (3.2%) |

*Individuals may be approved for multiple services at aged care eligibility assessment.

^aMulti-purpose services provides integrated health and aged care services to individuals in regional and remote communities that are unable to support both a separate aged care service and health service.

CHSP= Commonwealth Home Support Programme; HCP=home care package; NATSIFAC=National Aboriginal and Torres Strait Islander Flexible Aged Care; PRAC=permanent residential aged care

Table 4. Top 10 most common health condition (N = 6208)

| Conditions | Ν | % |
|---------------------------|------|-------|
| Anxiety | 1136 | 18.30 |
| Malignancies | 1178 | 18.98 |
| Kidney disease | 1329 | 21.41 |
| Depression | 2416 | 38.92 |
| Chronic lower respiratory | 2933 | 47.25 |
| Diabetes | 2939 | 47.34 |
| Gastrointestinal | 3274 | 52.74 |
| Hyperlipidaemia | 3584 | 57.73 |
| Arthritis | 4257 | 68.57 |
| Cardiovascular disease | 5076 | 81.77 |

Table 5. Number of other medical conditions of Aboriginal and Torres Strait Islander people by top 10 most common health conditions (N = 6208)

| Condition | Total N | 0-2 other conditions | | 3-4 other conditions | | 5-6 other conditions | | 7-8 other conditions | | 9+ other conditions | |
|---------------------|------------|----------------------|------|----------------------|-------|----------------------|-------|----------------------|-------|------------------------|-------|
| | Ν | Ν | % | Ν | % | Ν | % | Ν | % | Ν | % |
| CVD | 5076 | 135 | 2.66 | 1609 | 31.70 | 1714 | 33.77 | 1135 | 22.36 | 483 | 9.52 |
| Arthritis/Pain | 4257 | 105 | 2.47 | 1154 | 27.11 | 1489 | 34.98 | 1033 | 24.27 | 476 | 11.18 |
| Hyperlipidaemia | 3584 | 23 | 0.64 | 909 | 25.36 | 1294 | 36.10 | 915 | 25.53 | 443 | 12.36 |
| Gastrointestinal | 3274 | 28 | 0.86 | 662 | 20.22 | 1194 | 36.47 | 949 | 28.99 | 441 | 13.47 |
| Chronic respiratory | 2933 | 73 | 2.49 | 682 | 23.25 | 957 | 32.63 | 811 | 27.65 | 410 | 13.98 |
| Diabetes | 2939 | 51 | 1.74 | 819 | 27.87 | 996 | 33.89 | 715 | 24.33 | 358 | 12.18 |
| Depression | 2416 | 29 | 1.20 | 401 | 16.60 | 816 | 33.77 | 758 | 31.37 | 412 | 17.05 |
| Kidney disease | 1329 | 26 | 1.96 | 355 | 26.71 | 436 | 32.81 | 336 | 25.28 | 176 | 13.24 |
| Malignancies | 1178 | 36 | 3.06 | 271 | 23.01 | 404 | 34.30 | 299 | 25.38 | 168 | 14.26 |
| Anxiety | 1136 | 7 | 0.62 | 173 | 15.23 | 359 | 31.60 | 383 | 33.66 | 214 | 18.84 |

Table 6. Top 10 activity limitations (N = 6207)

| | Total N | Without help | | With so | me help | Completely unable | |
|---------------------|---------|--------------|-------|---------|---------|-------------------|-------|
| Activity Limitation | Ν | N | % | Ν | % | Ν | % |
| Eating | 6207 | 4999 | 80.54 | 1135 | 18.29 | 73 | 1.18 |
| Dressing | 6207 | 3393 | 54.66 | 2517 | 40.55 | 296 | 4.77 |
| Handle money/bills | 6207 | 2847 | 45.87 | 2494 | 40.18 | 866 | 13.95 |
| Walk | 6207 | 2415 | 38.91 | 3428 | 55.23 | 364 | 5.86 |
| Bath/shower | 6207 | 2326 | 37.47 | 3530 | 56.87 | 351 | 5.65 |
| Take medicine | 6207 | 2283 | 36.78 | 3555 | 57.27 | 369 | 5.94 |
| Meals | 6207 | 1015 | 16.35 | 3457 | 55.70 | 1735 | 27.95 |
| Get places | 6207 | 880 | 14.18 | 4872 | 78.49 | 455 | 7.33 |
| Shopping | 6207 | 529 | 8.52 | 3974 | 64.02 | 1704 | 27.45 |
| Housework | 6207 | 160 | 2.58 | 3447 | 55.53 | 2600 | 41.89 |